

Newsletter



March 2024

At the February meeting members enjoyed hearing from Liz Ashurst. She gave an interesting, illustrated talk about her embroidery journey in colour and stitch, in this country and in Eastern Europe.

Decoupage and Stitch. Saturday March 2^{nd.} 2 to 4pm. (Leader- Carolyn



You will need to bring.

- 1. Embroidery, dressmaking and paper scissors, i.e. 3 pairs of scissors.
- 2.Embroidery thread. I used Perle but you could use 2 or 3 strands of embroidery thread. Assorted colours. Or you can use from our stock.
- 3. Embroidery Needles
- 4. Quilting clips. I have a few you could borrow.
- 5. Old magazine page. (so, we don't make the table gluey)
- 6. Small glass jar for water. IMPORTANT
- 7. 2 square tea bags. I make the tea and put the tea bag aside for 2-3 hours, cut open, then empty tea bag and leave to dry. Brush off any remaining tea leaves.

Provided.

- 1. Blank Cards and envelopes
- 2. A choice of background paper. Print or music.
- 3. A selection of paper napkins.
- 4. Matt decoupage glue and foil tray for glue.
- 5. Glue brush.
- 6. Backing felt, (needed or the paper could shred.)
- 7. A few beads.





You can either use a machine zig-zag stitch or blanket stitch to fix your finished work to a card of your choice.

If you could arrive before 2pm we will be able to have a prompt start as I will begin with a demonstration. There will be no printed instructions as the decoupage technique is easy. Once the glue has dried you will be able to use your creative talents to begin stitching. Simple stitches are best.

Workshop. Saturday April 20th 10 to 4 pm, with Lara Sparks.

Entitled 'Wild Flowers and Grasses.' Cost £40.00 but only 14 places available.

Lara is a local, excellent and patient tutor who produces some brilliant textiles. "The day is aimed to achieve maximum skills, knowledge and confidence. Lara will demonstrate techniques, giving clear and useful advice." larasparks-embroidery.co.uk

Lara ran a workshop for us pre-covid and it was so successful members asked for her to return.

We will begin with a pre-drawn starter project concentrated on wildflowers and grasses, which is included in the £40.00 price. The workshop is suitable for all levels of ability. Lara's hand drawn stencils will be available to use to create the main project of your choice, a picture/wall hanging, lantern, lampshade, or cushion cover.

If you choose to create a lampshade or lantern, your choice, there will be an extra cost. (kits for the lampshades and lanterns can be purchased on the day if required) There is no charge for the cushion fronts or pictures.

At her Ferring workshops Lara charges £75.00 p.p. for a day workshop

You will need a Sewing Machine with darning foot.

Spare needles (70/80)

Threads and spare bobbins, (but Lara will bring some fabrics and threads for you to use.)

Scissors.

Packed Lunch (tea, coffee and biscuits provided)



Laura will bring a range of greeting cards and kits for lampshades and lanterns for you to purchase.

To reserve a place please pay the £40.00 to and let me know. The last time Lara came to BEG we were turning people away!

To make a payment could you please contact Carolyn for the bank BEG bank account details, thank you. begwebmaster@btinternet.com

It would be very helpful if you could pay before March as we will be changing the BEG bank account to Metro Bank.