



January and February 2024

Sashiko with Serena



Serena explained some of the history of Sashiko, Japanese stitching and some of her amazing Sashiko stitching. We all enjoyed our taster session.

Some Sashiko is simple whilst other patterns are more complex and have various meanings.

Useful contacts for Sashiko stitching.

[Japancrafts.co.uk](http://Japancrafts.co.uk) a website for preprinted patterns, fabric, needles and thread.

The Ultimate Sashiko Source book. Susan Briscoe. 'Patterns, projects and inspiration'.

3<sup>rd</sup> February 2024.2 to 4pm. 'Making Connections in **Colour and Stitch**'

with Elizabeth Ashurst.

**'Lockdown' - hand and machine embroidery with applied fabrics.**



Liz Ashurst is a textile and mixed media artist using silk, dye, paint and paper and stitch to create both abstract and symbolic wall-hangings, panels and silk scarves. The interplay of light and colour is a key influence in her work which draws inspiration from the sea, landscape and her travels to Eastern Europe and Russia. Her talk, with illustrated slides, will include her textile beginnings and ongoing journey. She is a member of the Society of Designer Craftsmen and lives in Sussex.

**'Escape to the Forest' - machine embroidery with applied fabrics.**

Liz will have greeting cards and framed work for sale. She will have a card machine, otherwise its cash for any purchases.



**If all members could arrive by 1.45pm, we can have an early start to this session.**

After tea and biscuits, we will be introducing our next exciting project. Stitching to suit everyone.